



Syllabus

for course at advanced level

Public Health Nutrition II
Folkhälsönutrition II

**7.5 Higher Education
Credits**
7.5 ECTS credits

Course code:	NU8010
Valid from:	Autumn 2010
Date of approval:	2009-08-20
Department	Department of Biosciences and Nutrition
Subject	Nutrition

Decision

This syllabus has been approved by the Board of the Faculty of Science at Stockholm University 2008-08-20.

Prerequisites and special admittance requirements

To be qualified for applying to this course you must have completed a Bachelor's Degree or the equivalent in natural science/medicine/public health nutrition. In addition, Swedish upper secondary school course English B or equivalent or one of the following tests. Cambridge CPE och CAE: Pass. IELTS : 6.0 (with no part of the test below 5.0). TOEFL (paper based): 550 (with minimum grade 4 on the written test part). TOEFL (computer based): 213. TOEFL (internet based): 79.

Course structure

Examination code	Name	Higher Education Credits
N001	Public Health Nutrition II	7.5

Course content

The course can be divided into four areas: 1) The students will deepen their knowledge in nutritional epidemiology and will be given guidance in completing a written work on the connection between diet and health. 2) In the field of determinants of dietary habits, individual, cultural, social, psychological and economic factors and how they affect our dietary habits are addressed. 3) The area nutrition policies aims at giving the student a deeper understanding of policy, support systems, international agreements and rules that constitute the legal framework for national and international public health nutrition work. 4) The fourth area involves writing a scientific report. Here, the student will, within the field of public health nutrition, conduct a literature search and compile, analyze and discuss the results of a report written according to the basic principles of how a scientific paper is structured. The above knowledge is central to all health promotion work.

Learning outcomes

It is expected that the student after having completed the course will be able to:

- identify the determinants of dietary habits and relate them to individual, social, cultural and economic factors.
- describe the major public health nutritional problems and relate them to protective and causative dietary and physical activity factors.
- identify and discuss policy documents, support systems, international agreements and rules, and their importance to and influence on national and international public health nutrition work.
- search and summarize scientific material in the field of nutritional epidemiology.

Education

The education consists of lectures, seminars, presentations and assignments. Participation in seminars and presentations is compulsory. An examiner may rule that a student is not obliged to participate in certain compulsory education if there are special grounds for this after consultation with the relevant teacher.

Forms of examination

a. Examination for the course is in the following manner: measurement of knowledge takes place through written and/or oral examination, written and/or oral presentations.

b. Grading is carried out according to a 7-point scale related to learning objectives:

A = Excellent

B = Very Good

C = Good

D = Satisfactory

E = Sufficient

Fx = Fail

F = Fail

c. Grading criteria for the course will be distributed at the start of the course.

d. A minimum grade of E is required to pass the course, together with completion of all compulsory education.

e. Students who fail to achieve a pass grade in an ordinary examination have the right to take at least further four examinations, as long as the course is given. The term "examination" here is used to denote also other compulsory elements of the course. Students who have achieved a pass grade on an examination may not retake this examination in order to attempt to achieve a higher grade. Students who have failed to reach a pass grade on two occasions have the right to request that a different teacher be appointed to set the grade of the course. A request for such appointment must be sent to the departmental board.

Interim

Students may request that the examination is carried out in accordance with this syllabus even after it has ceased to apply. This right is limited, however, to a maximum of three occasions during a two-year-period after the end of giving the course. A request for such examination must be sent to the departmental board.

Limitations

The course may not be included in a degree together with the courses Public Health Nutrition, 15 hp (NÄ3080), Public Health Nutrition 15 hp (NU8006), or the equivalents.

Misc

The course is included in the Master's Programme of Nutrition, but can also be taken as an independent course. The course is given by the Department of Bioscience and Nutrition at Karolinska Institutet. The course is run in conjunction with the course Introduction to Public Health Nutrition, 7.5 hp (4FH034) given in the Master's Programme in Public Health Science with the direction in Public Health Nutrition, at the Karolinska Institutet.

Required reading

Course literature is decided by the departmental board and is described in an appendix to the syllabus.