

Syllabus

for course at first level

**Public Health Nutrition
Folkhälsonutrition**

**7.5 Higher Education
Credits
7.5 ECTS credits**

Course code:	NU3013
Valid from:	Spring 2013
Date of approval:	2012-10-08
Department	Department of Biosciences and Nutrition
Main field:	Nutrition
Specialisation:	G1F - First cycle, has less than 60 credits in first-cycle course/s as entry requirements

Decision

This syllabus has been approved by the Board of the Faculty of Science at Stockholm University 2012-10-08.

Prerequisites and special admittance requirements

This course requires the courses Human Nutrition 15 hp/ECTS (NU3008) and Nutritional Epidemiology 7,5 hp (NU3006, NU3012), or the equivalent.

Course structure

Examination code	Name	Higher Education Credits
N001	Public Health Nutrition	7.5

Course content

The course gives an introduction to public health nutrition by introducing the students to central concepts and aspects of the area of public health nutrition. Current health problems related to nutrition in different parts of the world will be discussed as well as factors that determine health in general and dietary habits and physical activity. The course will focus on the major diseases in Sweden and other high-income countries. The course also covers the basics in intervention work, preventive measures on individual and societal level, and important actors in the area. Parts of the teaching may be given in English.

Learning outcomes

It is expected that the student after taking the course will be able to:

- describe the main health problems in public health nutrition in high and low income countries, identify risk groups, and discuss short- and long-term action programmes.
- identify determinants of dietary habits and relate these to individual, social, cultural and economic factors.
- identify support systems in the community and describe their role in public health nutrition work.

Education

The education consists of lectures, different types of group education such as seminars. Participation in the group education is compulsory. An examiner may rule that a student is not obliged to participate in certain

compulsory education if there are special grounds for this after consultation with the relevant teacher.

Forms of examination

a. Examination for the course is in the following manner: measurement of knowledge takes place through written and/or oral examination, written and/or oral presentation of group work, exercises.

b. Grading is carried out according to a 7-point scale related to learning objectives:

A = Excellent

B = Very Good

C = Good

D = Satisfactory

E = Sufficient

Fx = Fail

F = Fail

c. Grading criteria for the course will be distributed at the start of the course.

d. A minimum grade of E is required to pass the course, together with completion of all compulsory education.

e. Students who fail to achieve a pass grade in an ordinary examination have the right to take at least further four examinations, as long as the course is given. The term “examination” here is used to denote also other compulsory elements of the course. Students who have achieved a pass grade on an examination may not retake this examination in order to attempt to achieve a higher grade. Students who have failed to reach a pass grade on two occasions have the right to request that a different teacher be appointed to set the grade of the course. A request for such appointment must be sent to the departmental board.

Interim

Students may request that the examination is carried out in accordance with this syllabus even after it has ceased to apply. This right is limited, however, to a maximum of three occasions during a two-year-period after the end of giving the course. A request for such examination must be sent to the departmental board.

Limitations

The course may not be included in a degree together with the courses Community Nutrition 3p (NÄ1090), Nutrition in Developing Countries 2p (NÄ1100), Community Nutrition 5p (NÄ1190), Public Health Nutrition, pkg, 10p (NÄ3080), Public Health Nutrition 15 hp (NU8006), Public Health Nutrition I 7,5 hp (NU3011), or the equivalent.

Misc

The course is included in the Bachelor's Programme of Nutrition, but can also be taken as an independent course. The course is given by the Department of Bioscience and Nutrition at Karolinska Institutet.

Required reading

Course literature is decided by the departmental board and is described in an appendix to the syllabus.