

Syllabus

for course at advanced level

Recovery: service user's perspectives on helping factors and social relationships

**7.5 Higher Education
Credits**

Återhämtning: Brukarperspektiv på hjälpande faktorer och sociala relationer

7.5 ECTS credits

Course code:	SU7237
Valid from:	Autumn 2013
Date of approval:	2012-09-26
Department	Department of Social Work
Main field:	Social Work
Specialisation:	A1N - Second cycle, has only first-cycle course/s as entry requirements

Decision

Approved by the Board of the Department of Social Work, Stockholm University.

Prerequisites and special admittance requirements

Bachelor of Arts (BA) in Social Work or other Bachelor's degree, or the equivalent. Swedish B/Swedish as a second language and English A, or the equivalent.

Course structure

Examination code	Name	Higher Education Credits
0001	Recovery: service user's perspectives on helping factors	7.5

Course content

- Service users' experiential knowledge as a factor in the forming of evidence based social measures
- Recovery as a concept, in practice and as a source of knowledge
- Service users' self-knowledge and experience of social care and healthcare, treatment by public employees, and the change process
- Perspectives on empowerment/participation and the articulation of own needs in healthcare and social services
- Empowerment as a perspective at individual and collective level.

Learning outcomes

Upon successful completion of the course students shall be able to:

- critically examine psychiatric concepts from a user perspective
- critically analyse discourses on illness, chronicity and treatment in the context of recovery research
- analyse power relationships in healthcare and the social services
- analyse the opportunities for development offered by the empowerment perspective in user and professional organisations

Education

Instruction is in the form of lectures and seminars.

Forms of examination

Grades are related to the specified learning outcomes and set according to the following seven-grade scale:

- A Excellent outstanding performance with only minor errors
- B Very good above average standard but with some errors
- C Good generally sound work but with a number of notable errors
- D Satisfactory fair but with significant shortcomings
- E Sufficient performance meets the minimum criteria
- Fx Fail some more work required before the credit can be awarded
- F Fail completely unacceptable performance

Information on grading criteria and forms of examination will be handed out at the start of the course.

To pass students must have obtained at least grade E on written assignments as well as satisfied other demands of the course.

For information on the rules for examination and retakes as approved by the Board of the Department of Social Work, see separate information sheet.

Students have the right to request a retake with another examiner if failed twice. Such requests must be made in writing to the director of studies no later than one year after the course has ended.

Plagiarism and other attempts to mislead at examinations or other assessments of study achievement will result in reporting for suspected cheating, which can lead to disciplinary measures.

Examination is by an individually written home assignment.

Grades are based on home exam results.

Further course demands:

Participation in seminars according to teacher instructions.

Consequences of getting grade Fx or F: see the department's rules for examination and retakes.

Required reading

Beresford, P. & Croft, S. (2001) Service user's knowledges and the social construction of social work, *Journal of Social Work*, 1:3, 295-316. (22 s)

Deegan, P., Rapp, C., Holter, M. & Rieffer, M. (2008) A program to support shared decision making in an outpatient psychiatric medication clinic. *Psychiatric Services*, 59:6, 603-605. (3 s)

Denhov, A. (2007) Hjälpande relationer i psykiatrisk vård – en litteraturöversikt. Stockholm: FoU-enheten. Psykiatrins Södra. (c:a 30 sid)

Foucault, M. (1976/1980) Two lectures. Lecture one: 7 January 1976, in *Power/knowledge: Selected interviews & other writings 1972 – 1977*, New York: Pantheon Books. Svensk översättning I Samhället måste försvaras, Föreläsningar vid Collège de France 1975-1976. Hägersten: Tankekraft.

Rappley, M. Moncrieff, J. & Dillon, J. (eds) (2011) *Demedicalising misery: Psychiatry, psychology and the human condition*. London: Palgrave Macmillan. (250 s)

Karlsson, M. & Börjesson, M. (2011) *Brukarmakt – i teori och praktik*, Stockholm: Natur & Kultur. (164 s)

Sundgren, M. & Topor, A. (2011) (red.) *Psykiatri som socialt arbete*, Stockholm: Bonnier utbildning. (Valda avsnitt, Andersson, Davidson et al, Sundgren, Topor & Denhov, c:a 100 s)

Topor, A. (2001) *Återhämtning från svåra psykiska störningar*, Stockholm: Natur och Kultur. (c:a 200 s)

Topor, A., Borg, M., Di Girolamo, S. & Davidson, L. (2011). Not just an individual journey. Social aspects of recovery, *International Journal of Social Psychiatry*, 57:1, 90–99. (10 s)

Topor, A. & Holmqvist, S. (2011) Ingenting om oss utan oss - Allmänna Arvsfondens stöd till projekt rörande människor med psykiska problem, Stockholm: Allmänna Arvsfonden. (s 16-33) (laddas ner från Arvsfonden.se) (17 s)

Tillkommer aktuella artiklar. Meddelas vid kursstart.