

Syllabus

for course at advanced level

Professional helping relations in social work

Hjälpande professionella relationer inom socialt arbete

7.5 Higher Education

Credits

7.5 ECTS credits

Course code:	SU7245
Valid from:	Autumn 2015
Date of approval:	2014-10-22
Department	Department of Social Work
Main field:	Social Work
Specialisation:	A1N - Second cycle, has only first-cycle course/s as entry requirements

Decision

Approved by the Board of the Stockholm University Department of Social Work.

Prerequisites and special admittance requirements

A Bachelor's Degree in Social Work, other Bachelor's degree or the equivalent. Swedish B/Swedish as a second language and English A or the equivalent.

Course structure

Examination code	Name	Higher Education Credits
0001	Professional helping relations in social work	7.5

Course content

- The relationship between evidence based methods and knowledge of helping relations in psychiatry and social work with emphasis on social psychiatry and addiction treatment
- Discourses on professionalism
- The importance of context for professional helping relations
- The components and dynamics of professional helping relations.

Learning outcomes

- Upon successful completion of the course students shall be able to
- describe and discuss the relationship between evidence based methods and knowledge of helping relations in social psychiatry, the social services and addiction treatment
 - present and discuss discourses on professionalism
 - critically reflect on the components and dynamics of professional helping relations.

Education

Instruction is in the form of lectures and seminars with active student participation.
Participation in seminars according to teacher instructions; non-attendance at seminars to be compensated for according to teacher instructions.

Forms of examination

Attendance at examination seminars is obligatory. Examination seminars and theme papers are graded as Pass or Fail. Examination by individual take-home assignment is graded according to a seven-step scale related to the specified learning outcomes:

AExcellent/outstanding performance
 BVery good/above average standard but with some errors
 CGood/generally sound work but with a number of notable errors
 DSatisfactory/fair but with significant shortcomings
 ESufficient/performance meets the minimum criteria
 FxFails/some more work required before the credit can be awarded
 FFail/completely unacceptable performance

Information on grading criteria and forms of examination is handed out at the start of the course.

To pass students must have obtained at least grade E on written assignments and satisfied other demands of the course.

For information on examination and make up examination regulations as approved by the Board of the Department of Social Work, see separate information sheet.

Students have the right to request re-examination with another examiner if failed twice on the course. Such requests must be made in writing to the director of studies no later than one year after the course is concluded.

Plagiarism and other attempts to mislead (e.g. self-plagiarism) at examinations or other assessments of study achievement will result in reporting for suspected cheating, which can lead to disciplinary measures.

Examination task with graded assessment: an individual take-home assignment.

Further demands of the course:

Participation in seminars in accordance with teacher instructions. Failure to attend any seminar must be compensated for according to teacher instructions.

Consequences of getting grade Fx or F:

See the Department's guidelines concerning examinations and make up examinations.

Required reading

Andersson, S. (1985) *Tingens psykoanalys*, i Andersson, S., Johansen, T., Nilsson, G. & Österberg, D. Mellan människor och ting. Göteborg: Bokförlaget Korpen. Pp 77-92.

Andersson-Collins, G. (2012) *Socialt stöd i vardagen – boendestöd för människor med psykiska funktionshinder*. FoU Södertörn nr 108/12.

Bernler & Johnson (2001). *Teorier för psykosocialt arbete*. Stockholm: Natur & Kultur. Valda delar (100 s.).

Billquist & Skårner (2009) "En påtvingad relation: stöd och kontroll i kontaktmannarelationen inom LVM-vården." *Nordisk Alkohol- och Narkotikatidskrift*, 26: 243– 263.

Billquist & Skårner (2012) "Expertise and Humanity: the Supportive Professional Relationship from the Perspective of Clients in Drug Treatment" i *Journal of Social Intervention: Theory and Practice*, Volume 21(3): 27–43.

Denhov, A., & Topor, A. (2012) The components of helping relationships with professionals in psychiatry: users perspective. *Int J Soc Psychiatry* 2012 58: 417.

Goffman, E. (1961) *Asylums - Essays on the social situation of mental patients and other inmates*, New York: Doubleday & Co (sv övers. 1973) *Totala institutioner. Fyra essäer om anstaltslivets villkor*, Angered: Rabén & Sjögren. Kap 1 (pp 13-92 & 213-259).

Holmes, Dave (2002) "Police and pastoral power: governmentality and correctional forensic psychiatric nursing." *Nursing Inquiry*, 9(2): 84-92.

Johansen, T. (1985) *Kulissernas regi*, i Andersson, S., Johansen, T., Nilsson, G. & Österberg, D. Mellan människor och ting. Göteborg: Bokförlaget Korpen. Pp 25-76.

Ljungberg, A., Denhov, A. & Topor, A.(submitted) *The Art of Helpful Relationships with Professionals – A Meta-Ethnography of the Perspective of Persons with Severe Mental Illness*

Laugharne, R., Priebe, S., McCabe, R., Garland, N. & Clifford, D. (2012). Trust, choice and power in mental health care: Experiences of patients with psychosis, *International Journal of Social Psychiatry*. 58, 496–504.

Nilson, G. (1985) *Kulissernas regi*, i Andersson, S., Johansen, T., Nilsson, G. & Österberg, D. Mellan människor och ting. Göteborg: Bokförlaget Korpen. Pp 93-120.

Petersson (2013) "Excusing exclusion: Accounting for rule-breaking and sanctions in a Swedish methadone

clinic” i International Journal of Drug Policy, Vol. 24 (6): 99-104.

Sandell, R. (2004) Teknik eller relation? Kritiska faktorer i psykoterapi. Läkartidningen Vol.101 (15-16):1418-1422.

Skogens, L. & von Greiff, N. (2014) Recovery capital in the process of change – Differences and similarities between groups of clients treated for alcohol and drug problems. European Journal of Social Work, 17 (1) p.58-73.

Svensson, K., Johnsson, E. & Laanemets, L. (2013) Handlingsutrymme – Utmaningar i socialt arbete. Stockholm: Natur och Kultur (Kap 4)

Topor, A. & Denhov, A. (2011) Evidensbaserade insatser - Vilken och vems evidens? in Sundgren, M. & Topor, A. (red) Psykiatri som socialt arbete. Stockholm: Bonniers.

Topor, A. & Denhov, A. (accepted). Going beyond - Helpful professionals and the construction of working alliances in the recovery process from serious mental illness. Psychosis,

von Greiff, N. & Skogens, L. (2013) The mechanisms of Treatment – Client and Treatment Staff Perspectives on Change during Treatment for Alcohol Problems. Published online, sept 2013 in Nordic Social Work Research.

Tillkommer:

Aktuella, bl.a. internationellt publicerade, artiklar i vetenskapliga tidskrifter.