

# Syllabus

for course at advanced level

**Human Development – Positive Psychological Functioning and Adaptation in Youth** **7.5 Higher Education Credits**  
**Människans utveckling – Positiv psykologisk funktion och anpassningar hos ungdomar** **7.5 ECTS credits**

|                          |   |
|--------------------------|---|
| <b>Course code:</b>      | PSMT44  |
| <b>Valid from:</b>       | Autumn 2019   |
| <b>Date of approval:</b> | 2016-12-20  |
| <b>Changed:</b>          | 2016-12-20  |
| <b>Department</b>        | Department of Psychology  |
| <b>Main field:</b>       | Psychology  |
| <b>Specialisation:</b>   | A1N - Second cycle, has only first-cycle course/s as entry requirements |

## Decision

This syllabus was approved by the Board of the Department of Psychology on 2016-12-20. Technical revision of the Student Department 2019-04-29.

## Prerequisites and special admittance requirements

180 higher education credits, of which at least 90 credits must constitute Psychology I, II and III or equivalent studies.  
 English 6.

## Course structure

| <b>Examination code</b> | <b>Name</b>  | <b>Higher Education Credits</b> |
|-------------------------|--|---------------------------------|
| MT44                    | Positive Psychological Functioning and Adaption in Youth | 7.5                             |

## Course content

The course provides an overview and advanced knowledge of theoretical, relating to the documentation and promotion of positive youth development.

The course covers (a) theories and research on optimal psychological functioning and adaptation, (b) the design and evaluation of interventions, and (c) how young people in many different parts of the world do well even when they face major challenges.

## Learning outcomes

In order to pass the course, students are expected to be able to:

- explain and critically analyse theoretical perspectives and the evidence base in positive youth development;
- explain and critically analyse the design and evaluation of interventions;
- demonstrate knowledge of ethical aspects of conducting intervention research;
- demonstrate the skills required to engage in research, academic writing and oral presentation techniques.

## Education

Instruction is given in the form of lectures, seminars, and exercises.

Course requirements/Mandatory components:

- (a) Written report;
- (b) Oral Seminar Presentation;
- (c) Written examination.

Attendance is mandatory at the seminar where written reports are presented. Students who have not passed (b) above will be offered a chance to present at an extra seminar, or individually for the course teacher. The language of instruction is English and/or Swedish.

For more detailed information, please refer to the course description. The course description will be available at least one month before the course starts.

### **Forms of examination**

a) Examination:

The course is examined on the basis of a written examination, a written paper, and an oral presentation using slideshow software. Examination will be conducted in English and/or Swedish according to the course teacher's instructions.

b) Grading scale:

Grades will be set according to a seven point scale related to the learning objectives of the course:

A = Excellent

B = Very good

C = Good

D = Satisfactory

E = Adequate

Fx = Fail, some additional work required

c) Assessment criteria:

Students will be informed of the written grading criteria when the course starts.

d) Final grade:

In order to pass the course, students must receive a grade of E or higher on the written examination and the written paper, as well as a passing grade on the oral presentation.

e) Failing the course:

At least two examination opportunities should be offered during each course and semester. At least one examination opportunity should be offered during a semester when the course is not given.

Students who receive the grade Fx or F twice by the same examiner are entitled to have another examiner appointed for the next examination, unless there are special reasons to the contrary. Such requests should be addressed to the department board. Students who receive the grade E or higher may not retake the examination to attain a higher grade.

f) Supplementary assignments:

Opportunities to complete a supplementary assignment in order to convert the grade Fx into a passing grade are not provided in this course.

### **Interim**

If this course is discontinued, or its contents substantially altered, students have the right to be examined according to this syllabus once per semester for three further semesters.

### **Misc**

The course is included in the General Master's Programme in Psychology (SPSAO), 120 credits.

### **Required reading**

Up-to-date information about the required reading will be available on the department website at [www.psychology.su.se](http://www.psychology.su.se). The current reading list will be made available at least two months before the course starts.