

# Syllabus

for course at advanced level

**Psychological perspectives on health**  
**Psykologiska perspektiv på hälsa**

**7.5 Higher Education**  
**Credits**  
**7.5 ECTS credits**

<b>Course code:</b>	PH16A1
<b>Valid from:</b>	Autumn 2023
<b>Date of approval:</b>	2023-01-24
<b>Department</b>	Department of Public Health Sciences
<b>Main field:</b>	Public Health
<b>Specialisation:</b>	A1N - Second cycle, has only first-cycle course/s as entry requirements

## Decision

Determined by the Board of the Department of Public Health Sciences.

## Prerequisites and special admittance requirements

A degree comprising at least 180 credits, as well as English proficiency equivalent to English 6.

## Course structure

Examination code	Name	Higher Education Credits
1611	Examination I: Individually written take-home exam	7.5

## Course content

Psychological factors play a major role in several areas of health and public health. This course addresses both aspects of how psychological factors can affect health and how the occurrence of various public health problems can affect individuals' psychological status. The overall purpose is to link existing psychological theories and knowledge to the health area and provide an overview of health psychological theories. After completing the course, the student will have a general knowledge of the area and be able to apply a psychological or health psychological model to a public health problem.

## Learning outcomes

In order to receive a passing grade on the course, the student should be able to:

### *Knowledge and understanding*

1. Identify and explain relevant concepts in the health psychological domain

### *Skills and abilities*

2. Analyse a public health problem with a psychological theory
3. Analyse a public health problem with a health psychological theory

### *Judgement and approach*

4. Extract relevant existing empirical psychological research to depict an optional public health problem.

## Education

The teaching will be based on lectures and seminars.

Participation in the seminars is mandatory. In case of absence, the student will be given a compensatory assignment.

The course will be taught in English.

See the course description for more detailed information. The course description will be available at least one month before the course starts.

### **Forms of examination**

#### a) Forms of examination

##### *Examination I. Individually written take-home exam*

Learning outcomes 1-4 are examined through an individually written take-home exam. Grading will be based on a goal-oriented scale of A to F.

##### *Course requirements*

Active participation in the seminars is a course requirement. In case of absence from or insufficient participation in a seminar, the student will be given a compensatory assignment.

##### *Language*

The examination will be in English.

##### *Certificate of special pedagogical support*

If the student has a certificate from Stockholm University that recommends special pedagogical support, the examiner has the right to offer the student alternative forms of examination.

#### b) Course grade

The course grade will be given as follows:

A = Excellent  
B = Very good  
C = Good  
D = Adequate  
E = Sufficient

##### Fail grades

Fx = Inadequate  
F = Wholly inadequate

#### c) Grading criteria

The grading criteria will be presented to the students in writing when the course begins.

#### d) Final grade

In order to receive a passing grade in the course, the student must receive passing grades for Examination I as well as have fulfilled the course requirements.

The final grade is determined by the grading of Examination I.

#### e) Examinations

Two examinations are offered each time course is taught. For terms when the course is not taught, one examination is offered.

Students who receive a failing grade two consecutive times from the same examiner have the right to request a different examiner to grade the examination. This request should be made to the Director of Studies.

Students who receive an E or higher grade may not be re-examined for the purpose of improving the grade received.

#### f) Supplementary revisions

Supplementary revisions should be submitted within a week after the examiner has announced the need for revisions.

#### *Examination I*

It is possible to complement Fx to a passing grade on the home exam if the student is close to passing.

The passing grades A-E may be received for supplementary revisions that are related to formality errors or concern a specific part of the examination.

The passing grade E may be received for supplementary revisions that reflect problems related to the more basic understanding of the material presented in the course.

If the supplementary revision of the grade Fx does not meet the requirements for a passing grade, the grade F is received.

g) Late submission is not accepted in this course. In such cases, the student is referred to the retake exam.

#### **Interim**

Students may request an examination in accordance with this syllabus up to three semesters after the course has ceased or changed significantly.

#### **Limitations**

The content of this course overlaps with the course "Psychological perspectives on health" (course code: PH16A0) to the extent of 7.5 credits and, therefore, cannot be part of a degree in which "Psychological perspectives on health" is also included.

#### **Misc**

Plagiarism, cheating, and self-plagiarism is prohibited in all parts of the course. Suspicion of such cases is reported to the Disciplinary Board at Stockholm University.

This course is given as part of Term 3 of the Master's programme in public health sciences: Societal and individual perspectives. The course is also offered as a single-subject course to the extent there are available resources.

#### **Required reading**

The current course literature will be published on the department's website, [www.su.se/coursecatalogue/PH16A1](http://www.su.se/coursecatalogue/PH16A1), at least two months before the course begins.