

# Syllabus

for research course

**Psychological perspectives on health**  
**Psykologiska perspektiv på hälsa**

**7.5 Higher Education**  
**Credits**  
**7.5 ECTS credits**

**Course code:** PH007F1  
**Valid from:** Autumn 2021  
**Department:** Department of Public Health Sciences

## Prerequisites and special admittance requirements

### Learning outcomes

In order to receive a passing grade on the course, students are expected to be able to:

#### *Knowledge and understanding*

1. Identify and explain relevant concepts in the health psychological domain

#### *Skills and abilities*

2. Analyse a public health problem with a psychological theory  
3. Analyse a public health problem with a health psychological theory

#### *Judgement and approach*

4. Extract relevant existing empirical psychological research to depict an optional public health problem.  
5. Reflect on the course content in relation to their own PhD project.

## Content

Psychological factors play a major role in several areas of health and public health. This course addresses both aspects of how psychological factors can affect health and how the occurrence of various public health problems can affect individuals' psychological status. The overall purpose is to link existing psychological theories and knowledge to the health area and provide an overview of health psychological theories. After completing the course, the student will have a general knowledge of the area and be able to apply a psychological or health psychological model to a public health problem.

## Mandatory exams

Attendance at lectures and seminars is not mandatory.

## Forms of examination

a) Forms of examination

### *Examination I. Individually written take-home exam*

Learning outcomes 1-5 are examined through an individually written take-home exam. Grading will be based on a two-point grading scale (G=Pass, U=Fail).

The examination will be in English.

If the student has a certificate from Stockholm University that recommends special pedagogical support, the examiner has the right to offer the student alternative forms of examination.

b) Course grade

The course grade will be given as follows:

G = Pass

U = Fail

c) Grading criteria

The grading criteria will be presented to the students in writing when the course begins, at the latest.

d) Final grade

In order to receive a passing grade in the course, the student must receive passing grades (G) for Examination I.

e) Examinations

Two examinations are offered each time course is taught. For terms when the course is not taught, one examination is offered.

Students who receive a failing grade two consecutive times from the same examiner have the right to request a different examiner to grade the examination. This request should be made to the Director of Studies.

f) Supplementary revisions

Examination I that received failing (U) grade can receive passing (G) grade with submission of supplementary assignment, if the student is close to passing.

Supplementary revisions should be submitted within a week after the examiner has announced the need for revisions.

g) Late submission

Late submission is not accepted in this course. In such cases, the student is referred to the retake exam.

**Form of instruction**

The teaching will be based on lectures and seminars.

The course will be taught in English.

See the course description for more detailed information. The course description will be available at least one month before the course starts.

The current course literature will be published on the department's website, ([www.su.se/publichealth/PH007F1](http://www.su.se/publichealth/PH007F1)), at least two months before the course begins.

This course is given in collaboration with the "Master's programme in Public Health Sciences: Societal and Individual Perspectives". Joint lectures with master students are therefore applied.