Psykologiska institutionen

Stockholms universitet

Kursplan

för kurs på forskarnivå

Intensive Short-term Dynamic Psychotherapy **7.5 Högskolepoäng**
Intensive Short-term Dynamic Psychotherapy **7.5 ECTS credits**

Kurskod:	PS304FO
Gäller från:	HT 2021
Institution	Psykologiska institutionen

Förkunskapskrav och andra villkor för tillträde till kursen

Admitted to the doctoral program at the Department of Psychology, Stockholm University. Upon request, the course may be open for doctoral students from other Universities.

Lärandemål

For a passing grade on the course, the student must be able to:
-be able to explain basic concepts within Intensive Short-term Dynamic Psychotherapy (ISTDP)
-be oriented in past and current ISTDP research and the larger class of research in affect-focused psychodynamic psychotherapy
-be oriented in clinical applications of ISTDP
-demonstrate an understanding of how to apply basic ISTDP interventions in psychotherapy
-critically reflect on the scientific support of ISTDP
-relate the in-depth knowledge to the content of previous related courses

Innehåll

The bibliography defines the content of the course: To provide a basic knowledge of ISTDP, to provide an in-depth understanding of clinical applications of, and to provide an under-standing of contemporary ISTDP research. In addition, demonstrating an understanding of how to apply basic ISTDP interventions in psychotherapy.

Obligatoriska moment

Activities are based on reading literature and writing an individual PM (promemoria), as described in more detail under “examination”.

Examinationsformer

The student is to write a longer PM based on the course literature. The PM will include an analytic, explorative and critical view of the literature as well as a proposed investigation pinpointing and presenting needed future research within the field. In addition, an oral ex-amination of the course literature will be undertaken. To pass, sufficient knowledge of and ability to synthesize and problematize theory and research in the ISTDP field is required.