

Literature List

The Professional Conversation I, UC108F

Main Reading (Compulsory Reading)

Burton, Graeme & Dimpleby, Richard (2006). *Between Ourselves: An Introduction to Interpersonal Communication*. Hodder Arnold, London. (280 pages).

Egan, Gerard (2014). *The Skilled Helper: A Problem-management and Opportunity-development Approach to Helping*. Brooks/Cole, Cengage Learning. (460 pages).

Gordon, Thomas (2001). *Leader Effectiveness Training: L.E.T. (Revised): Proven Skills for Leading Today's Business into Tomorrow*. Tarcherperigee. (300 pages).

Holm, Ulla (2002). Empathy and Professional Attitude in Social Workers and Non-Trained Aides. *International Journal of Social Welfare*, 2002 vol. 11, pages 66-75 (10 pages).

Rogers, Carl (1954). Toward a Theory of Creativity. In *ETC: A Review of General Semantics* Vol. 11, No. 4, 249-260 (pdf). (11 pages).

Rogers, Carl (1973). 'Some new challenges to the helping professions', *American Psychologist*, 28 (5): pages 379-387 (10 pages).

Optional Reading

Dust, Fred (2020). *Making Conversation: Seven Essential Elements of Meaningful Communication*. Harper Business. (256 pages).

Merry, Tony (2002). *Learning and Being in Person-Centered Counselling*. PCCS Books. (216 pages)

Rogers, Carl (1951). *Client-centered Therapy: Its Current Practice, Implications and Theory*. London: Constable. (550 pages).

Sanders, Pete & Wilkins, Paul & Frankland, Alan (2009). *Next Steps in Counselling Practice: A students' companion for degrees, HE diplomas and vocational courses*. PCCS Books. (370 pages).