



PSPR47 - Obligatorisk kurslitteratur

Bedics, J., D., Korslund, K., E., Sayrs, J., H., R., Mc Farr, L., M. (2013). The observation of essential clinical strategies during an individual session of Dialectical Behavior Therapy. *Psychotherapy*. Vol. 50, No. 3, 454-457 (5 s)

Fruzzetti, A. E., Ruork, A. K. (2018). Validation Principles and Practices in Dialectical Behaviour Therapy. Ed. Swales, M. In *The Oxford Handbook of Dialectical Behaviour Therapy* (19 s)

Koerner, K. (2012). *Doing Dialectical Behavior Therapy. A practical guide*. New York: Guilford Press. (200 s)

Landes, S. J. (2018). Conducting Effective Behavioural and Solution Analyses. Ed. Swales, M. I *The Oxford Handbook of Dialectical Behaviour Therapy* (26 s)

Linehan, M., M. (2016). *Dialektisk beteendeterapi: arbetsblad för färdighetsträning*. Andra utgåvan. Stockholm: Natur och Kultur (543 s).

Rizvi, S., L., Sayrs, J., H., R. (2017). Assessment-Driven Case Formulation and treatment Planning in Dialectical Behavior Therapy: Using principles to guide effective treatment. *Cognitive and Behavioral Practice*, 27(1). DOI:[10.1016/j.cbpra.2017.06.002](https://doi.org/10.1016/j.cbpra.2017.06.002) (12 s)

(Referenslitteratur:

Linehan, M., M. (1993). *Cognitive Behavioral treatment of Borderline Personality Disorder*. New York: Guilford Press.

Linehan, M., M. (2015). *DBT skills training Manual*. Sec. Ed. New York: Guilford Press [504 s])